

Cougar News - 3/16/2026



Welcome to a sparse edition of the Cougar News! This is your weekly update on all our teams and athletes, highlighting the past week and looking forward to the next.

Thanks to everyone who attended our winter sports celebration last week to honor all our athletes from the winter sports teams. We all had a great evening celebrating the individuals, teams, and season that just happened.

With our winter sports seasons all finished it's already time to kick-off the Spring sports! Track & Field, Baseball (with NAJ), and Softball (with NAJ) started practice last week with Trap and Golf starting soon. Look for updates on those sports in the coming editions of the Cougar News and each teams' TeamReach channel.

If you have any experience in track, especially jumping, we would love to have another volunteer coach or two with some expertise in those areas even if it's only a day or two each week. Please reach out to the athletic director.

Note that over spring break there will be no practices, but athletes should talk to their coaches about good things they can do over break to make sure they are ready to hit the ground running/swinging when they return.

The Cougar News is more interesting with pictures so if you have one you'd like to send along, please do (wca.athletics@wcak12.org). We'll look for more pictures in the coming weeks from all our upcoming spring sporting events.

Upcoming Cougar Sporting events:

Tuesday 3/17

Student/Staff basketball game to support our 8th grade trip to Washington DC at 6:30 (doors open at 6)

Please contact me if you have any questions or concerns.

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Athletic Director

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Go, Green! Go, Gold!