



WCA Preschool Times



January 26, 2026

I hope you and your family are doing well and staying healthy. This newsletter feels like it's been too long since we have been together! Hopefully the snow days have made for restful days cuddling and enjoying each other. When we were together last, we focused on learning about adaptation and migration. We made many comparisons and had some good laughs talking about the idea of wild animals wearing clothes to stay warm. We mapped the migration of geese and monarch butterflies and watched a very short video of monarchs migrating by the thousands. I had planned on bringing in Andy, the leopard gecko, but the arctic air was much too cold for his desert habitat. He will be coming to our room as soon as it is safe for him to make the move! This week and next we will turn our attention to the Arctic and the animals that adapt and use camouflage to survive the frigid cold and hungry predators. A few activities I have planned are always a class favorite each year. One of them is catching arctic cod with their fishing pole at the "fishing hole"! We will construct igloos using marshmallows and while this fun activity is creative play it is also helping to build a strong foundation for math concepts through STEM. It also helps build stronger hand muscles. We are going to have some great activities! It looks like our own arctic blast will be with us for several more days. As always, we will keep a close eye on the windchill. If it's at 14 degrees or lower, we stay inside and I plan for more dancing, balancing, hopping, and all the large motor activities that preschoolers need every day. It's also a great time to play with playdough and bring snow into the classroom to explore!

Areas of Focus

Animals: Arctic



Literacy and Language

- Books: *Polar Bears*, *Antarctica*, *The Penguin Who Wanted to Fly*, *Welcome to the Ice House*, *I like a Snack on an Iceberg*
- Alphabet and Number Recognition "Ice Fishing"
- *Who Lives in the Arctic*, booklet

Focus Words

Antarctica * camouflage * predator * glacier

Math, Science, Sensory

- * Arctic Animal Count and Clip
- * Sticks and Rings STEM Shapes
- * Marshmallow and Toothpick Structures



Important News

There is a lot of influenza being passed around, but hopefully the time off has gotten everyone healthy! Please remember though that if your child is running even a low-grade fever they need to stay home. Then he/she can return to school after 24 hours fever free without using fever reducing medication. This helps to keep everyone healthy. 😊

Poem

An Old Person of Ware

by Edward Lear

There was an old person of Ware,
Who road on the back of a bear:
When they asked, "Does it trot?"
He said, "Certainly not!
He's a Moppsikon Floppsikon bear!"



Song

Lazy Mary

Lazy Mary, will you get up,
Will you get up, will you get up?
Lazy Mary, will you get up,
So early in the morning?

No, no, Mother, I won't get up,
I won't get up, I won't get up.
No, no, Mother I won't get up,
So early in the morning!

