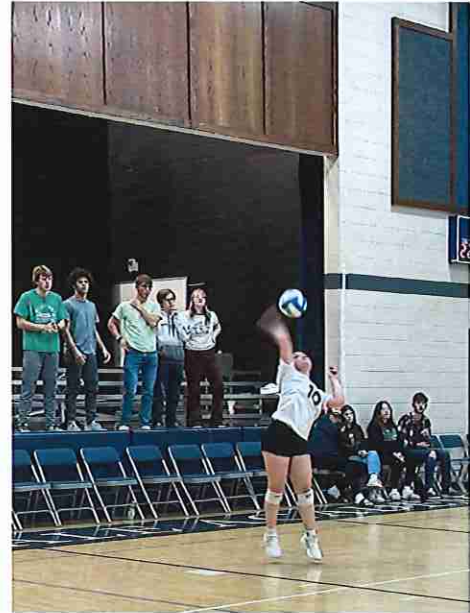




Cougar News

11/6/2023

Our Cougar volleyball team finished its season this past week. On Monday they won their district game against conference rival Pansophia Academy. Then on Wednesday they played Camden-Frontier. They won the first set, but dropped the second and third before battling back to win the fourth set and send it to the final shortened set. Our girls fought hard but ended up losing 14-16 in the final game. Our varsity volleyball team finished the season 13-5, second in conference regular season, winners of the CAC postseason tournament and with a district win. The team had 5 all conference players with Rosie Burke being named 1st Team, Kristen Recob, Brilynn Padget, and Madison Recob being named 2nd Team All-Conference, and Vivian Tran being named Honorable Mention. Congratulations on a great season to our team, especially seniors Rosie Burke, Vivian Tran, and Jenny Knoll!



I neglected to mention our top shooters in the final week of trap but want to recognize Hannah Kies (49), James VanCamp (46), Ty Couch (45), Chandler Dryer (44), and Remington Bender-Brown (41) for their great weeks. Hannah again, had a perfect round of 25. Congrats on an outstanding fall season and we look forward to restarting in the spring.

Our middle school basketball team started practice last week and kick off their season with two games this week. Wednesday, they travel to Pansophia and Friday they have their home opener against Marshall Academy. Come on out to support the team. It's always a fun time.

High School Basketball and Bowling are coming up soon. Please make sure the office has a copy of a sports physical before practice begins.

We are still looking for some Junior Pro basketball coaches. If you are interested or know someone who should be considered, please reach out.

Please contact me if you have any questions or concerns.

[Lucas Westblade](#)

Athletic Director

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Upcoming Sporting Events on Back!

This week in Cougar sports:

Wednesday 11/8

Middle School Boys Basketball @ Pansophia at 5:30

Thursday 11/10

Middle School Boys Basketball @ Home vs Marshall Academy at 5:30

High School Bowling starts 11/9

High School Boys Basketball starts 11/13

High School Girls Basketball starts 11/20

Middle School Girls Basketball starts January 2024

