



Cougar News

10/24/2023

Our Lady Cougar volleyball team played two games this week and won both matches 3-0. Rosie Burke and Kristen

Recob both had excellent games Wednesday, serving 12 points in a game and getting 7 aces, against Jackson Prep. Our JV team also had a busy week playing on back to back to back nights against JPEC, two games on Wednesday against St Philip's and Bellevue, before finishing with a big win at Hillsdale High School on Thursday. The JV team has concluded their season.

Congratulations to those girls on a great season. Our varsity volleyball team goes to Battle Creek Academy on Tuesday and Thursday to defend their CAC conference tournament title.



The middle school volleyball team also had a busy week. They played against Jackson Prep on Tuesday and at Pansophia on Thursday before finishing their week with a tournament at Jackson Prep on Saturday. Our two middle school teams did very well taking 3rd and 4th against other teams from our conference.

Cross Country spent the week getting ready for the regional race next week. Good luck to our high school runners.



Our high school football team (co-op with NA-J) played their final game of the season against St Mary's Central out of Ohio. The end result wasn't what we hoped for, but it was fun watching our Will Carleton Academy athletes, namely Will Thielen and Caleb Daniels, score most of the points for the Rams.

The middle school football team (co-op with NA-J) finished their season on a high note winning their final game 54-6. Great job to Nicholas Shearer, Marshall Kalnbach, and

Bradly Loveless on finishing a great season.

This week's top shooters on the WCA trap team were Ty Couch with a 49, Hannah Kies with a 48, Davis Williams with a 47, and James VanCamp and Oliver Richards both shooting 46s. Congrats to both Hannah and Ty for perfect rounds of 25 this week.

The high school Cougar Strength Club will meet on Thursday instead of Friday this week.

We are still looking for a middle school girls basketball assistant coach as well as some Junior Pro coaches. If you are interested or know someone who should be considered, please reach out.

Please contact me if you have any questions or concerns.

Lucas Westblade

Athletic Director

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This week in Cougar sports:

Tuesday 10/24

Varsity Volleyball CAC tourney @ Battle Creek Academy at 7:30
(CAC all-conference award presentation at 5:30)

Wednesday 10/25

Middle School Volleyball @ Home vs Lansing Charter Academy at 5 & 6

Thursday 10/26

Varsity Volleyball CAC tourney @ Battle Creek Academy at TBA

Friday 10/27

Cross Country runs at Ella Sharp Park at 4:30

Middle School Boys Basketball starts 10/30

High School Boys Basketball starts 11/13

High School Girls Basketball starts 11/20

A reminder with districts coming up that tickets for all MHSAA district and beyond competitions can ONLY be purchased on the Go Fan app.

