



# Cougar News

## May 8, 2023

Hello from the Athletic Department!

Leading trap shooters last week were James VanCamp and Hannah Kies with a 48, Oliver Richards with a 47, Ty Couch with a 46 and Alex Draper with a 45. James shot a perfect 25 as well. Congratulations!

The high school track team competed in Pittsford on Wednesday. They had a great meet with some outstanding performances! Our Personal Records from the day are as follows: Samuel Davis in the 100m, James Vancamp in the 1600m, Tyler Barnes in the Long Jump, Caleb Daniels in the Long Jump and Kristin Recob in the 100m. Thomas Maier and Samuel Davis PR'ed by about 4 seconds as they raced shoulder-to-shoulder for the last 100 meters in the 800m race. This was a very exciting display of effort and a wonderful team moment!

Top placers at that Pittsford meet were as follows: Tyler Barnes 2<sup>nd</sup> in the 100m with a time of 12.00 and Alex Draper 4<sup>th</sup> in the 3200m. Tyler Barnes took first place in the Long Jump with an amazing jump of 19 feet and 8 inches, reaching the finals' qualifying distance for the first time. We are hopeful that Tyler can achieve state qualifying distance at Regionals on the 19<sup>th</sup> and go to the state track finals in June. Madison Recob took first place in shot put as she obtained a distance of 30 feet and 8.5 inches, just 6.5 inches from the Finals' qualifying distance. Keep an eye out for Madison as well at Regionals!

The MS track team has had three meets canceled, due to weather, but were able to join a meet on Friday, with a couple other small teams. Everyone ran well and we were thankful for the beautiful weather finally!

Highlights from the meet include:

For the boys: Antonin Slovacek-1<sup>st</sup> place in both the 100m and 200m dashes; Castin Cousino-1<sup>st</sup> place in the 800m run; Dominic LaRussa-2<sup>nd</sup> place in the 200m dash, 3<sup>rd</sup> in the 100m dash; Jack Seiffertt- 3<sup>rd</sup> place in the 200m dash; Gideon Kelemen- 2<sup>nd</sup> place in the 400m dash; Asher Church- 3<sup>rd</sup> place in the mile and a personal best time. The mile relay team of Church, LaRussa, Slovacek, and Cousino also brought home a 1<sup>st</sup> place finish.

For the girls: Alicia Mack- 2<sup>nd</sup> place in the mile run and a personal best time. Also, Grace Williams and Elizabeth Falater both ran well in the 100m and 200m dashes.

The MS track team has the SCAA Divisional meet at Pittsford on Tuesday, and will end their season at the MS SCAA Championship meet on Friday at Hillsdale College. Hope to see you there!

The trapshooting team is selling *Gun-a-Day* raffle tickets to help fund the program. Please contact the office, Coach VanCamp, or myself to purchase tickets.

Thank you,  
Aaron Scrivens  
Athletic Director  
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**This week in Cougar sports:**

**Monday 5/8**

Varsity golf at Cedar Creek at 4:00 p.m.

**Tuesday 5/9**

Middle school track at Pittsford at 4:30 pm.

**Wednesday, 5/10**

High school track at Camden at 4:30 pm.

**Friday, 5/12**

Middle school track at Hillsdale College at 4:00 pm.