



Cougar News

September 19, 2022

On Wednesday the cross country team ran a hot race in Colon. Four runners had personal bests on the day. Tyler Barnes, Grace Williams, Gideon Kelemen, and Jack Seiffertt all ran their best race to date. Top ten finishers were Alicia Mack with a 7th place finish, Grace Williams in 9th and Harrison Sands placed 5th. Nice Job!

The varsity volleyball team won both games last week. They were victorious over Battle Creek Academy 3-0 and battled through a tough five game match against the Jackson Home School on Thursday.

The middle school volleyball teams split last week as well. The 7th and 8th grade team won against Factoryville on Tuesday. The 6th and 7th grade team lost to Marshall Academy 2-1. Both teams played well for their first contests of the year.

Over the summer we installed a Pixellot streaming system in our gym. This will allow our games to be streamed to anyone that would like to subscribe. There are sponsorship opportunities available for local businesses to advertise during the broadcasts as well. Feel free to reach out to me with any questions.

The trap shooting team started practice last week. There will be no practice tonight as the range is closed for maintenance. There will be practice on Saturday at the normal time.

Please remember our pay to play fee for cross country and volleyball. The fee this year is \$40. Feel free to give it to a coach or the office. Thanks for supporting our athletic programs!

Fall sport pictures will be Friday 9/23 after school for volleyball and cross country. Trap shooting pictures will be Monday 9/26 at the Halter Shooting Sports Center.

Thank you,
Aaron Scrivens
Athletic Director
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This week in Cougar Sports:

Wednesday 9/21/22

6/7 volleyball at Jackson Prep at 5:00 pm.

7/8 volleyball at Jackson Prep at 6:00 pm.

Varsity volleyball at Jackson Prep at 7:00 pm.

Thursday 9/15/22

6/7 volleyball home vs Pansophia at 6:00 pm.

Varsity volleyball home vs Pansophia at 7:00 pm.

Friday 9/23/22

Cross Country and volleyball pictures in the gym at 3:30 pm

Saturday 9/24/22

Middle school and varsity cross country at Pittsford at 10:00 am.