



Cougar News

August 24, 2021

Hello from the Athletic Department!

I hope everyone has had a great summer vacation. I am looking forward to getting back in the Cougar Den for some fall sports! If a student is interested in competing this fall and hasn't signed up yet, please email me and I will add you to the roster.

Middle school sports practices will start on Tuesday, August 24th after school.

Volleyball practice for 6th and 7th grade students will be Monday, Tuesday, Thursday and Friday from 3:30 pm - 5:30 pm.

Middle school cross country practice will be Monday, Tuesday, Thursday and Friday from 3:30 pm - 5:00 pm

Middle school football practice will be Monday through Friday from 4:00 pm - 6:00 pm at North Adams-Jerome.

Any student interested in shooting trap this fall can either email me or call Coach VanCamp at 517-610-4564.

Please make sure that you have an updated physical form on file with the office or your coach before taking part in practice. If you need a form they can be picked up in the office or downloaded from the MHSAA website.

On Saturday, August 21st the Varsity volleyball team traveled to Tekonsha for an early season tournament. The team placed 3rd overall and showed an impressive start to their season.

The fall sports (volleyball and cross country) parent meeting will be held on Thursday, August 26th at 5:00 p.m. in the gymnasium. Please bring the pay-to-play fee of \$40.

Please contact me with any questions or concerns.

Thank you,
Aaron Scrivens
Athletic Director
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This week in Cougar Sports:

Wednesday 8/25/21

Varsity cross country will run at Pittsford starting at 4:30 p.m.

Friday 8/27/21

JV and Varsity volleyball at Britton Deerfield at 5:00 p.m.