

-REGISTER TODAY FOR-

WOMAN'S SELF-DEFENSE

AT WILL CARLETON ACADEMY ON

SATURDAY, NOVEMBER 3, 2018

8:30 AM – 1:00 PM

8TH – 12TH GRADE STUDENTS AND FAMILIES ARE WELCOMED

CLASS IS LIMITED TO FIRST 20 REGISTRANTS

Light Snack and refreshments will be provided.

You will need: School appropriate athletic wear including gym shoes.

Children 17 years and younger must be accompanied by an adult for sign-in.

COST:

ADULTS 17 AND OVER = \$40/PER PERSON

CHILDREN 16 AND YOUNGER = \$25/PER PERSON

PRESENTED BY:

CONTROL TACTICS CONSULTING, LLC

Equip yourself with the right self-defense techniques to defend from bear-hug attacks, choking attacks, and being taken to the ground.

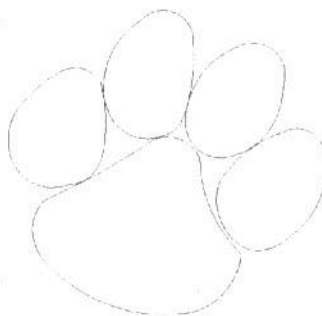
Instructor, Nate Lambright is highly skilled, educated and insured. Nate has been in Law Enforcement for 12 years and has 25 years' experience in Martial Arts and Self-Defense.

www.controllacticsconsulting.com



YOU WILL LEARN

**RISK AWARENESS
RISK REDUCTION
RISK RECOGNITION
RISK AVOIDANCE**



TECHNIQUES TAUGHT

**BLOCKING
STRIKING
KICKING
BREAKING WRIST GRABS
GROUND DEFENSE**

Please request additional registration forms by phoning the WCA office at (517) 437-2000

Detach and return this portion with your payment. Checks Payable to: Control Tactics Consulting

Name: _____

Date of Birth: _____

Address: _____

Age: _____

as of 11/3/18

Phone: _____

Emergency Contact: _____

NAME

PHONE